



# WHAT HAPPENS IF YOU TEST POSITIVE?



ATHLETICS  
INTEGRITY  
UNIT

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- You will be personally notified by email and in writing. You may also be notified via your National Federation.
- If it is through an anti-doping control test you have the right to be present at the B sample testing if you so wish. If the B sample confirms the A sample, you will be given an opportunity to try and explain the adverse analytical finding.
- If it is through the ABP you have the right to present all evidence to support your explanation for the abnormalities.
- Under the concept of strict liability you are responsible for anything found in your body. Ignorance is not an excuse.
- You will be informed as to the length and terms of your ban and should repay all money earned through competitions at the time of and since the test.



AS AN ATHLETE YOU ARE SOLELY RESPONSIBLE FOR WHATEVER IS IN YOUR  
BODY AT ALL TIMES.  
OUR ADVICE IS SIMPLE:

**IF IN DOUBT,  
DON'T TAKE IT**

