

A close-up, low-angle shot of a person's legs in yellow and black athletic shoes running on a blue track. The person is captured mid-stride, with one foot planted on a starting block and the other foot lifted. The background is a blurred blue track with white lane markings. The overall image has a blue and white color scheme with abstract geometric shapes overlaid.

# WHAT HAPPENS IF YOU TEST POSITIVE?



ATHLETICS  
INTEGRITY  
UNIT

# WHAT HAPPENS IF YOU TEST POSITIVE?

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- You will be personally notified by email and in writing. You may also be notified via your National Federation.
- If it is through an anti-doping control test you have the right to be present at the B sample testing if you so wish. If the B sample confirms the A sample, you will be given an opportunity to try and explain the adverse analytical finding.
- If it is through the ABP you have the right to present all evidence to support your explanation for the abnormalities.
- Under the concept of strict liability you are responsible for anything found in your body. Ignorance is not an excuse.
- You will be informed as to the length and terms of your ban and should repay all money earned through competitions at the time of and since the test.



AS AN ATHLETE YOU ARE SOLELY RESPONSIBLE FOR WHATEVER IS IN  
YOUR BODY AT ALL TIMES.  
OUR ADVICE IS SIMPLE:

**IF IN DOUBT,  
DON'T TAKE IT**

