

FILLING IN THE DOPING CONTROL FORM

When you are selected for Doping Control you will be presented with a form like this to sign and complete.

- Fill in your Name, Nationality and Event so it is legible.
- You will be notified as to the type of test. In this example, it is an In-Competition, Blood and Urine test.
- The Doping Control Officer (DCO) or Chaperone will countersign the form.
- If it is in competition, confirm the competition details, date and time of notification.
- Sign the form: by doing so you are providing consent that you have been notified and will provide the sample, and understand that you should proceed immediately to the Doping Control Station.
- A failure to sign the form may constitute an Anti Doping Rule Violation (ADRV).

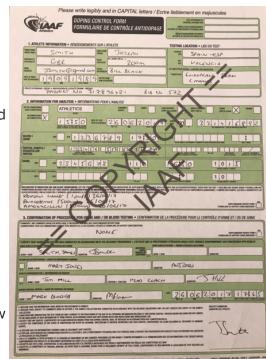




INSIDE THE DOPING CONTROL STATION

You and your representative will need to sign into the Doping Control Station (DCS).

- Section 1: Complete this confirming your details, testing location and ID.
- Section 2: Confirm your Sport, Discipline, In-Competition Test, Arrival time into the DCS, Date, Gender and the Mission Code (the DCO will complete this). Check and confirm the sample code for the blood sample and the time it was drawn. Check and complete the urine sample code numbers, volume of urine provided, time the urine was sealed and the Specific Gravity recorded. If you completed a partial sample for urine, check and complete that section. Carefully and clearly record any medication or supplements taken in the last seven days. You may use a supplementary form if more space is needed.
- Section 3: Record any comments on the procedure that you may have. You, your athlete representative, the BCO and DCO must all sign and date the form with the time completed. Read carefully that you accept all the points in the box.
- You keep the pink form, the World Athletics will get the white copy, whilst the yellow form goes to the Lab (with no personal details) and the Testing Authority has the green copy.





COMPLETING THE BLOOD SAMPLING FORM

If you are asked for a blood sample there is another form to complete.

- Section 1: Confirm and check all Athlete Information.
- Section 2: Complete the details and sign to confirm that you understand and consent to everything. Remember that failure to sign may be seen as an ADRV.
- Section 3: Complete fully. Check the time of collection, all code numbers and carefully and correctly answer all four questions with full details. Declare any medication or supplements taken in the last seven days.
- Section 4: Add any comments or concerns that you may have about the procedure. Your athlete representative, the DCO and BCO will sign and date the form, and you must sign confirming you understand the rules and do not contest any aspect of the procedure.
- You keep the pink form, the World Athletics will get the white copy, the yellow goes to the Lab (with no personal details) and the Testing Authority has the green copy.





FILLING IN AN OUT-OF-COMPETITION TEST FORM

For an Out-of-Competition Test, the Doping Control Form will be the same. There are two differences:

- Section 2, the box marked Out-Of-Competition will be checked instead of In-Competition.
- Section 3: The Out-Of-Competition box will be checked. Otherwise you
 complete the form in the same way, as shown in the example opposite.





HINTS AND TIPS

- Always take your time and take care when filling in the forms.
- Keep your pink form filed in a safe place, at least until you receive notification of the negative test.
- Always check that no personal details are readable on the Yellow Laboratory copy.
- Remember that not signing a form may count as an Anti Doping Rule Violation (ADRV).

