

A photograph of three female sprinters running on a red track. The runner on the left is wearing a red and black singlet with 'MEXICO' on it. The middle runner is wearing a white and blue singlet. The runner on the right is wearing a white singlet with red and blue accents. The background is a solid red wall with large, abstract, semi-transparent shapes in shades of blue and grey overlaid on it.

IN COMPETITION TESTING

WHAT TO EXPECT FROM AN IN COMPETITION ANTI DOPING TEST



ATHLETICS
INTEGRITY
UNIT

DOPING CONTROL NOTIFICATION

If you are selected for an In Competition Doping Control you will be informed immediately upon finishing your event.

A DCO (Doping Control Officer) and/or Chaperone will identify themselves to you and ask you to sign a form consenting to provide a sample.

You will need to provide photo ID such as a passport or accreditation.

You will be advised as to whether it is a urine or blood test or both.

You must proceed immediately to Doping Control and remain within sight of the DCO/Chaperone until you arrive there. You do have the right to warm down, receive necessary medical care, find a representative, complete any media commitments and medal presentations but must be accompanied by the DCO/Chaperone the whole time.

You are entitled to take someone with you, for example you team manager, team Doctor or a parent.



The image shows a form titled "IAAF DOPING CONTROL NOTIFICATION" with the subtitle "INFORMATION ON CONTROL / INFORMATIONS". The form is divided into several sections:

- 1. ATHLETE INFORMATION - INFORMATIONS DE L'ATHLETE:** Includes fields for Name (Type: First, Last), Date of Birth, Sex, and Competition Name.
- 2. INFORMATION - INFORMATIONS:** Includes fields for the name of the Doping Control Officer (DCO) and the Chaperone, and a section for the athlete's signature.
- 3. INFORMATION - INFORMATIONS:** A section containing a list of rights and responsibilities for the athlete, such as the right to be accompanied by a representative and the right to refuse a sample.
- 4. SIGNATURE - SIGNATURE:** A section for the athlete's signature, with a handwritten signature visible.

A large diagonal watermark reading "COPYRIGHT IAAF" is overlaid on the form.



WHAT TO EXPECT INSIDE DOPING CONTROL

Always sign into doping control. When you are ready, choose a sample collection vessel. Check it is sealed and clean.

A same gender DCO will accompany you to the toilet and observe you providing the sample. They must have a fully unobscured of you at all times. You are required to provide at least 90ml of urine. If you can only provide a partial sample, seal it and wait with the DCO until you can provide the rest.

Close the collection vessel and, keeping it in your control, return to the doping control room.

Choose a sealed sample collection kit. Check it's intact and all the ID numbers match. Divide your sample into the: A bottle (min. 60ml) and B bottle (min. 30ml), then seal both bottles, place them in the plastic bag and then into the storage box.

The DCO will check specific gravity (density) - if it is too dilute it will be recorded and you may be asked to provide a further sample to satisfy the specific gravity required.



COMPLETING THE FORMS

You must check every detail of the form.

Check that all bottle numbers match. Also that check partial samples and blood sample tubes (if a blood test is included) match.

Check that the volume, specific gravity and time markers are correct.

Write down all medication and supplements taken in the last 7 days.

Record any comments on the procedure that you may have.

Remember to double check everything.

You, your accompanying person and the DCO must all sign the form.

IAAF will take the original white form. You have the pink form. The Testing Authority has the green form. The Lab gets the Yellow form.

You should keep your pink copy safe at least until you receive notification of a negative test.

A photograph of a multi-colored (pink, green, yellow) IAAF form, likely a doping control form. The form is divided into several sections with different colored backgrounds. A large, diagonal watermark reading "COPYRIGHT IAAF" is overlaid across the center of the form. The form contains various fields for text entry, checkboxes, and tables. At the top left, there is a logo for IAAF. The form appears to be a standard doping control form used in international athletics.

