

# THE RTP

WHAT IS THE IAAF REGISTERED TESTING POOL?



ATHLETICS  
INTEGRITY  
UNIT

# THE RTP

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What is the IAAF Registered Testing Pool?

- The RTP includes all athletes subject to Out of Competition IAAF testing.
- Athletes are required to provide full quarterly whereabouts details and a 60 minute, no notice, time slot where they can be found without fail.
- The IAAF will concentrate it's testing on the RTP but can test any athlete at any time.
- The RTP is reviewed and updated on a regular basis.
- An athlete receives full notification of their addition to, and removal from, the RTP.
- Removal from the RTP does not mean removal from any national anti doping organisation RTP.



# WHEN AND WHERE

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When and where does the RTP operate?

- The RTP focuses on Out of Competition testing.
- It runs from 1<sup>st</sup> October each year. Athletes can be added at any time based on performance, doping intelligence, lack of NADO etc. and remain in the pool until the end of the season unless specifically removed by the IAAF.
- You are informed of inclusion in the RTP through written notification to you and your National federation.
- You can elect to be removed (through retirement) but should you wish to return you need to serve a 12 month notice period that includes out of competition tests before competing again.



# I AM IN THE RTP – WHAT DOES THAT MEAN?

What does it mean if you are included in the RTP?

- You must submit quarterly whereabouts details to ADAMS, including:
  - A 60 minute daily slot where you can always be located & tested. This must be between between 05:00 and 23:00 in the time zone of the location.
  - An overnight residential address. Your home, temporary accommodation, a hotel etc.
  - A mailing address for any formal notices.
  - Any regular activity. Training, work etc. with a name, address and helpful explanations of all activities.
  - Your competition schedule. Names, addresses and dates.
  - Details of any travel longer than 24 hours where the above details cannot be provided. Flight numbers, airport or hotel layovers etc.



# WHAT IF MY PLANS CHANGE?

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We all have to make changes but remember that you are responsible for updating your own details.

- Make sure you have the ADAMS app, SMS number and email address *whereabouts@athleticsintegrity.org* saved and written down in case you need them.
- Adams is available in 15 languages and all data is protected and secure. Updates can be made at any time directly or by SMS, right up to the start of your 60 minute time slot.
- Don't risk a filing failure! Meet the deadlines correctly online, make sure you include all the required information. Provide the best estimation possible of quarterly whereabouts and update it regularly with any changes.
- Don't risk a missed test! Always check and update your 60 minute time slot, always be where you are supposed to be, when you are supposed to be there!
- You may still be tested outside of your slot but attempted tests outside of your 60 minutes window do not count as missed tests.



# FORM GOOD WHEREABOUTS HABITS

Here are some tips to help you form good whereabouts habits.

- Fill in the quarterly submission with care and in good time. Provide your best estimation for the 3 months to come. Provide full addresses and details.
- To make it a habit to check ADAMS and your 60 minute slot daily, set a reminder or alarm. Check and update your overnight addresses weekly and each time you travel.
- If you are away from your mail address get someone to check your post for you. Also check for messages in ADAMS daily.
- Provide as much information for training venues, access and plans as you can.
- Check all doorbells are loud enough and working! Warn housemates, concierges, hotel receptions etc. to provide access. Don't take a shower, put on loud music or headphones during your slot.
- Get the ADAMS App, save the SMS emergency update number and email:  
[whereabouts@athleticsintegrity.org](mailto:whereabouts@athleticsintegrity.org)



# OTHER TOP TIPS

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Some other top tips to help keep you on track.

- It's your ADAMS so take the time to learn how to use it and find your way around the site.
- Save any regularly used addresses and training locations to help speed up quarterly submissions.
- If you do put your 60 minute slot at a training location put a copy of your passport in your training bag and, just in case, take a separate copy or a photo on your phone to provide ID easily.
- Use the My Recent Tests function to check your previous test results.
- Use biological data to check on your health. The ABP data is your private medical data too and can provide valuable health and training info.
- You can also check TUEs.



# WHAT HAPPENS AFTER A FILING FAILURE OR MISSED TEST?

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Filing Failure: Failure to provide the full whereabouts or the provision of false or incomplete information.

Missed Test: Failure to be available for your 60 minute slot. 3 missed tests mean an Anti-Doping violation. (ADRV)

- You will get a written notification within 14 days.
- If you wish to challenge it, you need to provide a written explanation within 14 days of receipt, providing all relevant information and documents. If you do not challenge it you will be informed in writing of the filing failure or missed test test.
- Within 14 days of receipt you will be informed as to whether the filing failure or missed test is confirmed.
- You have the right to request an administrative review.





# CONTACTS TO KEEP YOU ON TRACK

Questions: [whereabouts@athleticsintegrity.org](mailto:whereabouts@athleticsintegrity.org)

Get the ADAMS Apps

SMS number: +44 7781480710

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