This Annual Report covers the first full calendar year of AIU activities. I am proud to say that we can look back on 12 successful months of work in 2018. We have either delivered or are on the right course for meeting our strategic objectives as outlined in the AIU’s strategic plan for 2018. I must underline that our priority in 2018 was to set the processes and procedures that will lay the foundations of the AIU. In this message, I detail three key strategic initiatives which have had a practical impact.

Firstly, on the recommendation of the AIU, in July 2018 the IAAF Council adopted Article 15 of the IAAF Anti-Doping Rules which makes national federations accountable for assisting in the fight against doping and for ensuring appropriate anti-doping measures are in place in their respective jurisdictions. Under the previous IAAF Anti-Doping Rules, obligations of the national federations were limited but the new rules which came into force on the 1 January 2019 change this paradigm. The AIU is looking forward to working closely with national federations to lift standards, and to ensure the reputation of the sport is protected and enhanced.

Secondly, the AIU introduced a new public disclosure policy for the AIU’s disciplinary proceedings. Previously, disciplinary cases were confidential until the conclusion of a case (in some cases this would take years). Now, the AIU publicly discloses each step in a disciplinary proceeding. This decision to make disciplinary proceedings transparent has been well received and has given the athletes and the public confidence in our functioning.

Thirdly, the AIU funded the establishment of a WADA-approved blood testing laboratory in Kenya in September 2018. This is the first time since WADA’s inception that an International Federation has taken the initiative to establish a WADA-approved laboratory. It shows that the AIU is taking responsibility for the integrity of athletics and getting things done with a proactive and innovative approach. With the laboratory now operational in the region, blood samples collected in East Africa will no longer have to be transported to anti-doping laboratories in Europe or South Africa for analysis, vastly increasing our testing capacity and capability.

Finally, while the key operational achievements are set out later in this Report, I suggest that the AIU has quickly established itself as an effective, transparent and engaged organisation, a global leader in sports integrity. I believe our work has brought credit to the IAAF and the sport of athletics. I would like to thank my fellow Board members for their unwavering commitment to the cause, and the AIU management team for the high-quality work they have delivered to date.
In 2018 we built on the foundation established in 2017 and created a Unit that is fit for purpose and capable of achieving the strategic goals we have set. We now have a staff strength of 20, supported by external experts across four departments: Testing & Compliance, Intelligence & Investigation, Education & Communications, and Case Management. This represents a big investment in human resources, which is justified by the depth and breadth of our activities and case work. In the following sections of this Annual Report, you can see the numbers that relate to these activities including details of tests, substances, investigations, cases, and our prevention efforts.

While these numbers are impressive, and a testament to the hard work of the team, it is worth emphasising that we are not just playing the 'numbers game' but rather focusing on quality over quantity. We want to make sure as far as possible all our activities are meaningful and have a real impact on protecting the long-term integrity and reputation of athletics. One matter to note is that we do expect to see an increase in our non-doping activities in 2019 and beyond as the jurisdiction of the IAAF Ethics Board is concluded and passed on to the AIU.

By the time you read this report, the AIU will have made a lot of progress regarding its strategic objectives for 2019, and in preparation for the IAAF World Athletics Championships Doha 2019. Since its inception in 2017, the AIU has come a long way in understanding and dealing with the integrity issues in our sport and made positive steps to restoring its reputation.
## FINANCES

### Financial report for the year 2018

January to December 2018

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>TESTING PROGRAMME</td>
<td>$3,618,438</td>
</tr>
<tr>
<td>DISCIPLINARY &amp; LEGAL</td>
<td>$1,268,787</td>
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<tr>
<td>COMMUNICATION &amp; EDUCATION</td>
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<tr>
<td>INVESTIGATIONS &amp; INTELLIGENCE</td>
<td>$824,451</td>
</tr>
<tr>
<td>SUPERVISORY BOARD</td>
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<tr>
<td>ADMINISTRATION</td>
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</tr>
<tr>
<td>STAFF COSTS (Gross Salary including Social Insurance)</td>
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</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$8,645,446</strong></td>
</tr>
</tbody>
</table>

All figures are in the US dollars.

### REMARKS

- The Head of the AIU was remunerated $337,494.74 during 2018.
- The chairman was paid an annual renumeration of $25,000, while two other independent members were paid $12,500 each.
- Costs recoverable from the Russian Athletics Federations (RusAF) to 31 December 2018: $817,761.
ATHLETICS INTEGRITY UNIT IN NUMBERS

Some of the key accomplishments of the year 2018

TESTING

- **8489** samples collected in 2018
- **124 countries** samples collected from athletes from
  - Across 6 area associations of the IAAF
  - 776 code violations from 86 member federations on the registered testing pool
  - 6007 samples collected out-of-competition
  - 3553 blood samples collected
  - 48% samples collected in-competition
  - 173 competitions sanctioned by the IAAF
  - 2482 samples collected in-competition

TESTS BY DISCIipline

- **48%** Long Distance
- **19%** Sprint
- **12%** Throws
- **9%** Middle Distance
- **9%** Jumps
- **2%** Combined Events
Disciplinary cases brought in 2018 – domestic and international: 349

- INTERNATIONAL LEVEL DOPING CASES: 65
- INTERNATIONAL LEVEL NON-DOPING CASES: 3
- NATIONAL LEVEL DOPING CASES: 281

65 DOPING CASES INVOLVING INTERNATIONAL LEVEL ATHLETES AND SUPPORT PERSONNEL

- Atypical Findings (ATF): 12
- Concluded with a sanction: 17
- Concluded with no violation: 12
- Pending: 27
  - Under Court of Arbitration in Sport (CAS) Appeal: 3
  - Pending First Instance: 5

SUBSTANCES

- Steroids: 117
- EPO: 22
- Growth Hormones or Peptides: 6
- Specified Substances: 87

ATHLETES

- Member Federations: 71

TYPES OF ANTI-DOPING RULE VIOLATIONS

- Steroids: 32%
- EPOs: 32%
- Specified Substances: 17%
- Adverse Passport Findings (APFs): 17%
- Non-Analytical Findings: 7%
- Atypical Findings (ATF): 22%

FIRST INSTANCE DECISIONS RENDERED INVOLVING INTERNATIONAL-LEVEL ATHLETES

- 33

- Disciplinary Tribunal Decisions: 13
- National Decisions: 9
- CAS Decisions: 7
- AIU Decisions: 4
INVESTIGATIONS

HIGHLIGHTS:
Successful investigations in a number of non-analytical cases, including for:
- TAMPERING
- WHEREABOUTS FAILURES
- POSSESSION OF PROHIBITED SUBSTANCES

78 INVESTIGATIONS

- 24 CORRUPTION
  - 13 open
  - 11 closed
- 30 DOPING
  - 15 open
  - 15 closed
- 24 OTHERS
  - 11 open
  - 13 closed

EDUCATION AND COMMUNICATIONS

Truly Global audience with 33,600 active users across the world

Over 700,000 page views in 2018, a growth of 2000% over 2017

Visits to the AIU website grew by 285%

SOCIALS

- 173% increase in followers on Twitter
- 30% increase in Facebook followers
- Video views grew by 86% on Instagram

OUTREACH AND ATHLETE ENGAGEMENT PROGRAMMES

- IAAF World Indoor Championships Birmingham, GBR
- IAAF World U20 Championships Tampere, FIN
- Open Session with the AIU during the IAAF Awards Night Monaco, MON
- 4 Meetings with the IAAF Athletes’ Commission
- Outreach partners in 2018: NADOs of Finland (FINCIS), Kenya (ADAK) and Clean Athletics programme of the British Athletics.

SURVEYS

Athletes took part in the AIU integrity survey

Educational messages delivered through Website, Twitter, Facebook and Instagram

160