What is competition manipulation?
It is any attempt to control the outcome of a competition or alter the natural course of a sporting event, or part of it.

Competition manipulation can be committed for sporting or financial games, and sometimes via illegal betting or gambling activities.

What can competition manipulation look like?

- Conspiring to alter the result of an event or a competition.
- Conspiring to alter a part of an event, which is often referred to as spot-fixing. For example - deliberately making an invalid attempt or fixing the results in the heats, etc.
- Performing below your abilities on purpose for sporting or financial gains through illegal sports betting or gambling to ensure that a third party wins their bet.
- Providing, receiving or seeking a benefit in exchange for any other form of corrupt behaviour or competition manipulation.
- Sharing inside information (tactics, injuries, etc.) to which athletes, officials and support personnel have access and which can then be used for betting purposes or other methods of unethical sporting or financial gain.

What you should and should not do?
Athletes, Officials and Athlete Support Personnel should follow these simple rules;

1. **Don’t** bet on your own event or on any other competition within the sport of athletics – or any sport at a multi-sport event such as the Olympic Games – where you are participating.

2. **Don’t** manipulate a competition or fix a result.

3. **Don’t** share inside information with anyone. You never know how it could be used.

4. **Don’t** accept any undue benefits such as gifts, money, nights at a hotel, etc.

5. **Always** report an approach to manipulate a competition. Having knowledge but not reporting can lead to consequences from sanctions, fines to a complete ban.

6. **Always** report anything suspicious that you may be aware of if you believe it to be unethical.

7. **Always** cooperate with any investigation carried out by World Athletics or the AIU.

As an athlete it is your responsibility to be aware of the issues of competition manipulation. Not knowing is not an excuse! If you are in doubt, reach out to the AIU as soon as possible.

**STAND TALL, SPEAK UP**
You can play your part in the fight for fairness in athletics by anonymously reporting any form of competition manipulation or any suspicious activity via the link below or by emailing: ConfidentialReport@athleticsintegrity.org

www.athleticsintegrity.org