Types of whereabouts failures:

- Failing to file whereabouts information
- Incomplete whereabouts information
- Missing deadlines for submission
- Missing a test •
- Unavailable or unaccessible during your 60-minute slot

Consequences of not submitting whereabouts:

- Ban from sports that could stretch up to two years •
- Disgualification of results ۲
- Financial losses •
- May impact your social status reputation and marketability

Who can use your whereabouts and test you:

- Athletics Integrity Unit
- Your NADO

Additional information:

- Inform us when you retire, are injured, pregnant, • for us to adapt our testing programme.
- You cannot refuse testing. Refusal = testing ٠ positive therefore a 4-year ban. As soon as you are aware a DCO is there to test you, you must comply.
- If you have any issues in accessing your ADAMS • account or any other issues, send an e-mail to whereaboutsrr@athleticsintegrity.org in English.

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Important dates:

- Notification of inclusion in the RTP •
- ٠ Quarterly deadlines – 15 March, 15 June, 15 September, 15 December

ALL ABOUT WHEREABOUTS

What is whereabouts?

Whereabouts information is used by the Athletics Integrity Unit (AIU) to locate athletes outside of competition periods for no-notice doping tests. No notice out-of-competition tests are central to the AIU's Testing Programme.

What is the RTP?

The World Athletics Registered Testing Pool is a group of elite athletes who are subject to regular out-of-competition tests and are responsible for providing whereabouts.

Being an RTP athlete supports that:

- We respect our sport
- You want to protect your reputation, and the reputation of your sport and your proud nation
- Our respect your status as a role model .
- RTP athletes are amongst the best athletes in the world. Being an RTP athletes is a great achievement.
- You are contributing to creating a level playing field where every athlete can feel confident that the person they are racing against has gone through similar testing programmes as you.
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ATHI FTICS NTEGRITY

What information is needed?

To allow us to test you out-of-competition you must provide the following information for each day on a quarterly (three-months) basis.

- Overnight accommodation address
- Training routine
- Competition schedule
- 60-minute daily time slot (specific location where you must be available everyday) for testing
- Information should be detailed and precise (advisable to use GPS co-ordinates, pictures, hotel details including room number if applicable and possible.)

You must inform the AIU immediately when the above

• information changes

Good practices :

- Proactively update your whereabouts whether you are training or travelling for competitions
- Include home address/overnight accomodation
- Set up an alert before your60-minute time slot
- Inform your hotel reception or facilities security about your need to be accessible for controls
- The AIU DCOs are not required to make any phone calls before coming to test you. So please be in the location you have indicated for your 60-minute slot.

Who can file whereabouts:

- Ideally it should be you, as it is only you who will have the final responsibility for the information.
- You can ask your coach or manager to file whereabouts for you on your behalf. .

Ways to submit your whereabouts:



