**UNDERSTANDING COMPETITION MANIPULATION**

**What is competition manipulation?**
It is any attempt to control the outcome of a competition or alter the natural course of a sporting event, or part of it.

Competition manipulation can be committed for sporting or financial games, and sometimes via illegal betting or gambling activities.

**What can competition manipulation look like?**

- Conspiring to alter the result of an event or a competition.
- Conspiring to alter a part of an event, which is often referred to as spot-fixing. For example - deliberately making an invalid attempt or fixing the results in the heats, etc.
- Performing below your abilities on purpose for sporting or financial gains through illegal sports betting or gambling to ensure that a third party wins their bet.
- Providing, receiving or seeking a benefit in exchange for any other form of corrupt behaviour or competition manipulation.
- Sharing inside information (tactics, injuries, etc.) to which athletes, officials and support personnel have access and which can then be used for betting purposes or other methods of unethical sporting or financial gain.
- Officials or others engaging in activities to alter the outcome of an event and thereby doing an undue favour to an individual.

**What you should and should not do?**

Athletes, Officials and Athlete Support Personnel should follow these simple rules:

1. Don't bet on your own event or on any other competition within the sport of athletics – or any sport at a multi-sport event such as the Olympic Games – where you are participating.
2. Don't manipulate a competition or fix a result.
3. Don't share inside information with anyone. You never know how it could be used.
4. Don't accept any undue benefits such as gifts, money, nights at a hotel, etc.
5. Always report an approach to manipulate a competition. Having knowledge but not reporting can lead to consequences from sanctions, fines to a complete ban.
6. Always report anything suspicious that you may be aware of if you believe it to be unethical.
7. Always cooperate any investigation carry out by World Athletics or the AIU.

It is important for the athletics community to be aware of the threats of competition manipulation, this compromises the integrity of our sport. If you have concerns and would like to find out more, please contact the AIU.

**STAND TALL, SPEAK UP**

You can play your part in preserving the integrity of athletics by anonymously reporting any form of competition manipulation or any suspicious activity via the link below or by emailing: ConfidentialReport@athleticsintegrity.org

[REPORT COMPETITION MANIPULATION]