**What qualifies as a whereabouts failure:**
- Missing deadlines for submission of whereabouts information
- Failing to file complete or accurate whereabouts information
- Missing a test during your 60-minute slot
- Failing to update your whereabouts information as soon as your circumstances change

**Consequences of not submitting whereabouts:**
- Ban from sports for up to two years
- Disqualification of results
- Financial losses
- May impact your social status

**Who can use your whereabouts and test you:**
- Athletics Integrity Unit
- Your NADO
- Any other NADO with authority (for example, if you are residing or competing in a foreign country)

**Additional information:**
- Inform us when you retire, are injured, pregnant, for us to adapt our testing
- You cannot refuse testing. Refusal = a 4-year ban. As soon as you are aware a DCO is there to test you, you must comply
- If you have any issues in accessing your ADAMS account, send an e-mail immediately to whereabouts@athleticsintegrity.org in English

**Important dates:**
- Notification of inclusion on the RTP
- Quarterly deadlines – 15 March, 15 June, 15 September, 15 December

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**WHEREABOUTS**
**WHAT? • WHY? • HOW?**

WHEREABOUTS: REGISTERED TESTING POOL (RTP)

**What is whereabouts?**
Whereabouts information is used by the AIU to locate athletes outside of competition periods for no-notice anti-doping tests. These tests are central to the AIU Testing Programme.

**What is the RTP?**
The World Athletics RTP is a group of elite athletes who are subject to regular out-of-competition tests and are responsible for providing whereabouts.

**Being an RTP athlete supports that:**
- You respect your sport
- You want to protect your reputation, and the reputation of your sport and your proud nation
- You respect your status as a role model
- RTP athletes are the world’s best, you are one of them – this is a great achievement!
- You are contributing to creating a level playing field where every athlete can feel confident that the person you are competing against has gone through similar testing programmes as you
What information is needed?

To allow us to test you out-of-competition, you must provide the following information on a quarterly basis and for each day of the quarter:

- Overnight accommodation address
- Training information and locations
- Competition schedule
- Regular personal activities such as work or college
- A 60-minute time slot at a specific location where you must be available for the entire 60-minute time slot
- Information should be detailed and precise (advisable to use GPS coordinates, pictures, hotel details including room number) to enable Doping Control Officers (DCOs) to locate you for no-notice testing
- You must inform the AIU immediately when any of the above information changes

Good whereabouts practices:

- Update your whereabouts as soon as your circumstances change, even if you are competing, training or travelling
- Include home address/overnight accommodation
- Set up an alert before your 60-minute time slot
- Inform your hotel reception or facility security about your need to be available for testing
- Do not rely on a DCO contacting you by phone before concluding a test attempt and make sure that you are present and available in the location you have indicated for your entire 60-minute time slot

Who can file whereabouts:

- Ideally it should be you, as you are best placed to know where you are going to be and when
- You can ask your coach or manager to file whereabouts for you but, if you do, keep in mind that you will be held responsible for their failures and mistakes

Ways to submit your whereabouts:

- **ADAMS Website**
- **Athlete Central App**

These tutorials will help you understand the process of filing whereabouts.