Ways to submit your whereabouts:



Types of whereabouts failures:

- Failing to file whereabouts information
- Incomplete or inaccurate whereabouts information •
- Missing deadlines for submission •
- Missing a test ٠
- ٠ Unavailable or unaccessible during your 60-minute slot

Consequences of not submitting whereabouts:

- ٠ Ban from sports that could stretch up to two years
- Disgualification of results •
- Financial losses ٠
- May impact your social status, reputation and ٠ marketability

Important dates:

- Notification of inclusion in the RTP
- Quarterly deadlines 15 March, 15 June, 15 • September, 15 December

ALL ABOUT WHEREABOUTS

What is whereabouts?

Whereabouts information is used by the Athletics Integrity Unit (AIU) to locate athletes outside of competition periods for no-notice doping tests. No notice out-of-competition tests are central to the AIU's Testing Programme.

What is the RTP?

The World Athletics Registered Testing Pool is a select group of elite athletes who are subject to regular out-of-competition tests and are responsible for providing whereabouts.

Being an RTP athlete supports that:

- You are amongst the best athletes in the world, it is a great achievement!
- You respect your sport.
- You want to protect your reputation, and that of our sport, and your proud nation.
- You respect your status as a role model, and take your responsibilities seriously.
- You are contributing to creating a level-plaving field in athletics. where every athlete can feel confident that their peers have gone through similar levels of testing.
 - A aiu athletics aiu athletics

www.athleticsintegrity.org

aiu athletics

aiu athletics

aiu.athletics

aiu athletics

INTEGRITY

What information is needed while submitting whereabouts?

To allow us to test athletes out-of-competition, you must provide the following information for each day on a quarterly (three-months) basis.

- Overnight accommodation address
- Training routine.
- Competition schedule.
- 60-minute daily time slot (specific location where you must be available everyday) for testing.
- Information should be detailed and precise (advisable to use GPS co-ordinates, pictures, hotel details including room number, if applicable and possible).
- You must update your whereabouts immediately, if any of the above information changes.



Good practices:

- Proactively update your whereabouts whether you are training or travelling for competitions.
- Include home address/overnight accomodation.
- Set up an alert before your 60-minute time slot.
- Inform your hotel reception or facilities security about your need to be accessible for controls.
- The AIU DCOs are not required to make any phone calls before coming to test you. Please be in the location you have indicated for the entire duration of your 60-minute slot.

Additional information:

 Inform the AIU when you retire, are injured, pregnant, it will help us adapt our testing programme.

Who can file whereabouts:

- Ideally it should be you, as it is only you who will have the final responsibility for the information.
- You can ask your coach, manager, or a family member to file whereabouts on your behalf.

Who can use your whereabouts and test you:

- Athletics Integrity Unit
- Your NADO

Important note:

- You cannot refuse testing.
 Refusal = testing positive, therefore a likely 4-year ban.
 As soon as you are aware a DCO is there to test you, you must comply.
- If you have any issues in accessing your ADAMS account or any other issues, send an e-mail to <u>whereabouts@athleticsintegrity.org</u>.